

VAHS 4th Quarter MS Sports Practice/Meet Schedule

Practice Schedule will follow a repeating pattern:

Monday	Tuesday	Wednesday	Thursday	Friday
Practice @VAHS Meet on the soccer field Parents pick up @4:45 PM	Practice @ Empire Ride the T6 Bus from VAHS to Empire 3:20-4:45 p.m. Parents pick up (at Empire) @4:45 PM	Practice @VAHS Meet on the soccer field Parents pick up @4:45 PM	Practice @ Empire Ride the T6 Bus from VAHS to Empire 3:20-4:45 p.m. Parents pick up (at Empire) @4:45 PM	Practice @ Empire Ride the T6 Bus from VAHS to Empire 3:20-4:30 p.m. Parents pick up (at Empire) @ 4:30 PM

Meets:

Date	Host	Participants	Location
Pre-season Invitational (Conquistadores)			
4/6	Cienega	TBD	Empire @ 1:00
Regular Season			
4/10	OV	CF, ES, OV, RV, VA	Empire @ 3:45
4/24	ES	DS, ES, OV, VA	Empire @ 3:45
5/1	VA	CF, DS, ES, VA	Empire @ 3:45
Championship			
5/15	RV	ALL	Empire @ 3:45