



Vail School District
 Vail, Arizona
 Site Council
 Vail Academy and High School



AGENDA
 Regular Meeting
 Monday, March 5, 2012
 In Room 215 at 4:30 PM

Regular Meeting

1. Call to Order

- A. Pledge of Allegiance
- B. Approval of Minutes
- C. Reports
 - * Member Reports
 - * Administrative Reports

D. Call to the Public

Consideration and discussion of comments and concerns from the public. Those wishing to address the council as a result of public comment will be limited to the Chairperson directing members to study the matter or rescheduling the matter for future consideration or decision at a later date. Public comments are limited to 3 minutes. (Acknowledgement of Public Requests to Speak) The Council desires viewpoints of Parents/Staff/Students and considers the responsible presentation of the viewpoints to be viable to the efficient operation of the school. Any individual desiring to address the council shall inform the Council at this time. Comments and questions may deal only with topics on the agenda of the meeting.

E. Recognitions

Staff, Students, and/or members of the community may be recognized at this time. Special announcements may be presented at this time.

2. Consent Agenda

All items listed below are consent matters and will be considered by one motion at this time. There will be no discussion of consent items. Any council member may remove an item from the consent agenda by request. All items not accepted and approved, as part of the consent agenda will be considered individually.
 Field trip Requests

3. Old Business

- A. Enrollment Summary
 - B. 2012 - 2013 Enrollment Update
 - C. Student Handbook
 - D. Science Fair
- INFORM
INFORM
STUDY
STUDY

3. New Business

- A. Foreign Exchange Plans
 - B. Nutritional Guide Lines
- STUDY
STUDY

4. Adjournment

ACTION



Vail School District
Vail, Arizona
Site Council
Vail Academy and High School



ANNOTATED AGENDA
Monday, March 5, 2012
In Room 214 at 4:30 PM

Regular Meeting

1. Call to Order

- A. Pledge of Allegiance**
- B. Approval of Minutes**
- C. Reports**
 - *Member Reports**
 - *Administrative Report**
- D. Call to the Public**
- E. Recognitions**

2. Consent Agenda

ACTON

3. Old Business

A. Enrollment Summary

INFORM

Background:

Mr. Barger will present the council with enrollment summary.

Recommendation:

None at this time, this is an informational item only.

B. 2012-2013 Enrollment Update

INFORM

Background:

Mr. Barger will present to the council enrollment update for the 2012-2013 school year.

Recommendation:

None at this time, this is a inform item only.

C. Student Handbook

STUDY

Background:

Mr. Barger will present to the council a copy of the student handbook for review.

Recommendation:

Non at this time, this is a study item only.

D. Science Fair

STUDY

Background:

Mr. Barger will present to the council information on the Science Fair

Recommendation:

None at this time, this is a study item only.

4. New Business

A. Foreign Exchange Plans

STUDY

Background:

Mr. Barger will present to the council information on the process of Foreign Exchange Students.

Recommendation:

None at this time, this is a study item only.

B. Nutritional Guide Lines

STUDY

Background:

Mr. Barger will present to the council information on the district Nutritional Guide Lines.

Recommendation:

None at this time, this is a study item only.

5. Adjournment

Minutes

Regular Meeting
Monday February 13, 2012

1. Call to Order

Mrs. Gundrey called the meeting to order at 4:42 pm.

A. Pledge of Allegiance

Pledge was led by Mrs. Gundrey.

B. Members Present

Mrs. Gundrey
Ms. Creasy
Mrs. Justen
Mrs. Gately
Mr. Hill

C. Approval of Minutes

Motion was made by Ms. Creasy, seconded by Mr. Hill, all were in favor. Minutes were approved.

D. Reports

Member Reports
No member reports

Administrative Reports

Mr. Barger shared with the council soccer started today. Also, since the last meeting Mr. Barger received a teacher resignation letter from Mrs. Katherine Gerber, our engineering teacher. Also, reminder of the volunteer lunch Thursday at the fairgrounds.

E. Call to the Public

F. Recognitions

Mr. Barger recognized Ms. Julia Kaiser, Mrs. Yvett Rojo and Mrs. Tricia Kaparoff for putting together the first annual Father/Daughter Dance. Out of the 68 female students, grades K-5 about 45 were in attendance. A few of the dads had two daughters at the dance and had to manage dancing with both. Overall it was a great hit. Mr. Barger also recognized Mrs. Yvett Rojo and Mr. Ed Kestler for getting the Science Fair up and going. All boards were put up for display and judging. This year we had a lot more since all 2nd and 3rd grade students participated. Mr. Barger also thanked Mrs. Kathy Gately for helping set up and judge.

2. Consent Agenda

Motioned by Ms. Creasy, was seconded by Mrs. Justen, all field trips were approved.

3. Old Business

A. Enrollment Summary

In the site council packet you will have an enrollment summary as of today's date. Mr. Barger shared with the council the summary and the breakdown of students per grade, the number the council voted on last year, where we are today, and the number with siblings.

B. 2012-2013 Enrollment Update

Mr. Barger shared with the council enrollment packets have been coming in for the 2012-2013 school year. We will have our lottery March 5th. Mr. Barger also shared that enrollment packets have been coming in on a steady pace. We have just about 3 weeks before enrollment packets are due for those that VAHS is their first choice. Mr. Barger explained to the council he is aware that we will lose some high school students to Andrada. A newsletter will go out sometime around February 17th to all schools letting parents know they have a choice in school, even for elementary.

C. Graduation Requirements

Mr. Barger shared with the council the governing board will be voting to approve the new graduation requirements brought to the council last meeting. Starting with the ~~elementary~~ 6th grade class all students will be required to have 5 credits of math to graduate. The goal is to raise standards for our students. Students coming from other schools will have to have completed algebra before entering high school. Motion was made by Mr. Hill to approve the new graduation requirements as presented by Mr. Barger, was seconded by Mrs. Gately.

D. Student Handbook

Mr. Barger shared with the council that it is time to get the student handbook in order. This needs to be done before going to print in the agendas for students. Ms. Kaiser went over a few key points that the council needs to look at. All council members were given a copy of the hand book and asked to look over it.

2. New Business

A. Science Fair

Mr. Barger shared with the council his opinion on the science fair, and the council spoke to the issue.

B. Parent Teacher Conference

Mr. Barger shared with the council some of the concerns from the Parent Teacher Conferences last week. We had a pretty good turnout. Most of the parents were elementary. High school parents can go from one teacher to the other if they see the line is too long. Elementary teachers need to speak to all the parents that show up. There was some confusion on scheduling or not scheduling parents for the elementary parents. Overall it was a good turnout.

Adjournment: Mr. Hill motioned to adjourn the meeting, and was seconded by Mrs. Justen. Meeting was adjourned 5:58pm.

Consent Agenda

FIELD TRIP TRANSPORTATION REQUEST

Requests must be received in the Transportation Office at least 2 weeks prior to trip date. Non A.I.A. Field trips are only scheduled from 9:00 A.M. to 1:30 P.M. Eating/drinking on the bus is prohibited. Trip sponsor is responsible for student behavior.

Teacher/ Sponsor Please Complete the Information Below

Pick-up location school VAHS @ 10:15 Date March 28, 2012
 Teacher Sponsor Ms. Thompson Grade K-2 # of Passengers 90
 Telephone # _____ Number of Wheelchair Restraints if Needed 0
 Destination Tucson Symphony Orchestra

Address _____
 Purpose of Trip CONCERT

Lunch Reed Park
 Date of Trip March 28, 2012
 Departure Time 10:15
 Arrival Time 10:45

<u>Driver Use Only</u>	
Ending Mileage	_____
Beginning Mileage	_____
Total Miles	_____
Vehicle #	_____
# of Hours	_____
Driver Signature	_____

Return to Bus Time 11:40
 Return to School Time 1:00 pm

*lunch at →
 Reed park →
 and then head
 back to school*

Trip Approval Receipt

<u>Teacher / Sponsor</u>	
<u>Complete this section for prompt reply</u>	
School	_____
Teacher	_____
Date of Trip	_____
Destination	_____
Departure Return Time	_____

<u>School Administrator complete this Section</u>	
Administrator Approval	Date
Signature	_____
Site Council Approval	Date

Transportation Approval	Date
Signature	_____

FIELD TRIP TRANSPORTATION REQUEST

Requests must be received in the Transportation Office at least 2 weeks prior to trip date. Non A.I.A. Field trips are only scheduled from 9:00 A.M. to 1:30 P.M.
Eating/drinking on the bus is prohibited.

Teacher/ Sponsor Please Complete the Information Below

Pick-up location/school Val Academy and HS Date 3/25/12

Teacher/Sponsor Bryan Fiala Grade 9-12 # of Passengers 9

Telephone # 879-1923 Number of Wheelchair Restraints if Needed 0

Destination ARIZONA DISTANCE CLASSIC
1/2 MARATHON

Address 1410 TERMINATION PARK DRIVE SCOTTSDALE AZ

Purpose of Trip STUDENTS WILL COMPLETE A 1/2
MARATHON 1/2 MARATHON AND 5K

Lunch N/A

Date of Trip 3/25/12

Departure Time 5:00 AM

Arrival Time 6:00 AM

Return to Bus Time 11:00 AM

Return to School Time 1:00 PM

Driver Use Only
Ending Mileage _____
Beginning Mileage _____
Total Miles _____
Vehicle # _____
of Hours _____
Driver Signature _____

Trip Approval Receipt 05197

Teacher/ Sponsor
<u>Complete this section for prompt reply</u>
School _____
Teacher _____
Date of Trip _____
Destination _____
Departure/Return Time _____

School Administrator complete this Section
Administrator Approval _____ Date _____
Signature _____
Site Council Approval _____ Date _____
Transportation Approval _____ Date _____
Signature _____

FIELD TRIP TRANSPORTATION REQUEST

Requests must be received in the Transportation Office at least 2 weeks prior to trip date. Non A.I.A. Field trips are only scheduled from 9:00 A.M. to 1:30 P.M.
Eating/drinking on the bus is prohibited.

Teacher/ Sponsor Please Complete the Information Below

Pick-up location/school VVAHS Date 3/3/2012
 Teacher/Sponsor Julie Ellis Grade HS # of Passengers 50
 Telephone # _____ Number of Wheelchair Restraints if Needed —
 Destination to Weston La Palme

Address _____
 Purpose of Trip FBLA State CONFERENCE

Lunch _____

Date of Trip 4/3/2012
 Departure Time 2:30 pm
 Arrival Time 3:00 pm

Driver Use Only	
Ending Mileage _____	
Beginning Mileage _____	
Total Miles _____	
Vehicle # _____	
# of Hours _____	
Driver Signature _____	

EN THURSDAY
 Return to Bus Time 12:00 pm
 Return to School Time 12:30 pm

Trip Approval Receipt

<u>Teacher / Sponsor</u>
Complete this section for prompt reply
School _____
Teacher _____
Date of Trip _____
Destination _____
Departure/Return Time _____

<u>School Administrator complete this Section</u>	
Administrator Approval _____	Date _____
Signature _____	
Site Council Approval _____	Date _____

Transportation Approval _____ Date _____
 Signature: _____

Old Business

PowerSchool

Enrollment Summary as of 03/05/2012 (A) Vail Academy & High School

Grade Level	TOTAL IN GRADE	Asian or Pacific Islander	Black or African-American	Hispanic or Latino	American Indian	White (Not Hispanic)	Unclassified
22 0	21	0	0	3	0	18	0
4 1	24	2	0	5	0	17	0
24 2	24	0	0	6	0	18	0
24 3	27	3	2	6	0	16	0
26 4	27	2	2	3	0	20	0
26 5	26	2	1	4	1	18	0
26 6	28	1	1	3	0	23	0
27 7	53	0	4	15	0	34	0
27 8	29	3	0	4	0	22	0
66 9	62	1	3	8	0	50	0
10	53	1	2	8	1	41	0
55 11	46	0	3	7	0	36	0
55 12	39	2	2	5	0	30	0
TOTAL	459	17	20	77	2	343	0

Print | Back | Home | Search | Help | Log Out

Old Business: Item B

2012 -13 Enrollment Update

Grade	Jan 23.	Feb. 3	Feb. 10	Mar. 1	In-District
K	25	37	44	56	49
1	23	22	22	30	26
2	11	12	12	20	16
3	9	11	12	14	10
4	16	17	17	23	17
5	6	6	7	13	9
6	10	12	12	22	17
7	7	12	12	22	16
8	2	2	4	8	6
9	18	20	23	35	28
10	2	2	2	2	2
11	0	0	0	0	0
12	0	0	1	1	0
Total	129	151	168	246	197

Vail Academy and High School



High School 2012-2013 Student Handbook

Vail Academy and High School

(Physical Address)
7762 E. Science Park Drive
Tucson, Arizona 85747

(Mailing Address)
P.O. Box 800
Vail, Arizona 85641

(520) 879-1900
Fax: (520) 879-1901
Attendance Line: (520) 879-1903

<http://vahslearns.vail.k12.az.us>

Daily Hours of Operation 7:15 am – 3:45 pm

Dennis Barger, Principal
Julia Kaiser, Assistant Principal

VAIL SCHOOL DISTRICT

13801 E. Benson Hwy, Suite B
P.O. Box 800
Vail, Arizona 85641
(520) 879-2000

Calvin Baker, Superintendent
John Carruth, Assistant Superintendent
Debbie Hedgepeth, Assistant Superintendent

GOVERNING BOARD

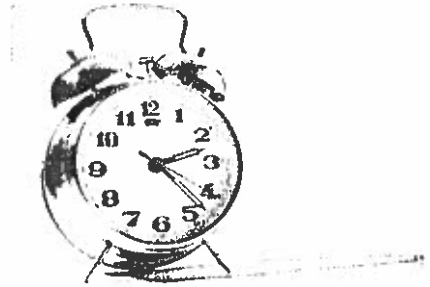
Randy Kinkade, President
Margaret Burkholder, Clerk
Debbie King
Claudia Anderson
Jim Coulter

SITE COUNCIL

Parents: C. Q. Creasy
Kathy Gately
TBD
TBD
Teachers: Lori Justen
TBD
TBD
Staff: TBD
Student: TBD

Daily Bell Schedule

7:40-8:40	Period 1
8:44-9:49	Period 2 (announcements)
9:53-10:53	Period 3
10:57-11:57	Period 4
11:57-12:36	Lunch
12:36-1:36	Period 5
1:40-2:40	Period 6



Vail School District No. 20

Approved 12/6/11

VAIL ACADEMY AND HIGH SCHOOL STUDENT 2012-2013 CALENDAR

July

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

March

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June

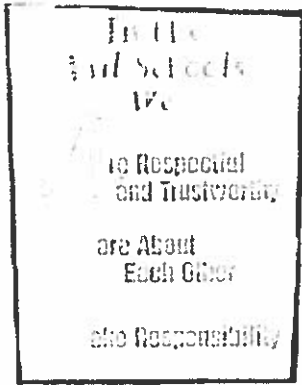
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- B/E Beginning/End of school
- C Conference (Parent/Teacher/Student) Day for Students
- Y Inservice for Teachers (not by the Student)
- G Graduation @ 6.30 p.m.
- F Finals Week
- VPI Vail Pride Day
- Holiday/Vacation (if School for Students)

Vail Academy & High School Mission Statement

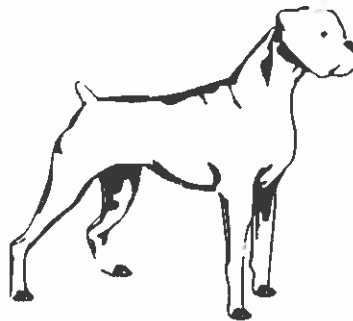
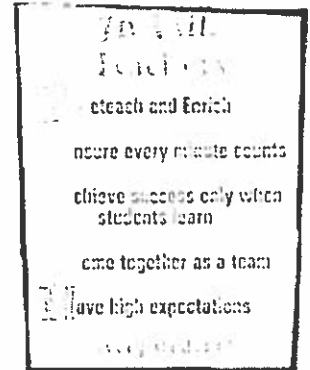
“VAHS LEARNS”

Vail Academy and High School is a small Learning community that Encourages high academic and social Achievement. We foster Responsibility through Nurturing individual relationships for life long Success.



VAIL ACADEMY AND HIGH SCHOOL BOXERS DO THEIR PART

Participate
Acept everyone
Responsible and
Take initiative



Notice of Nondiscrimination

Vail Unified School District #20 does not discriminate on the basis of race, color, national origin, sex, age, religion, genetic information, or disability in admission or access to, or treatment or employment in, its educational programs or activities. Inquiries concerning Title VI, Title VII, Title IX, Section 504, and Americans With Disabilities Act may be referred to the Superintendent, Calvin Baker, Assistant Superintendent, John Carruth, 13801 E. Benson Hwy. Vail, AZ 85641, 520 879 2000.

Aviso de No Discriminación

El Distrito Escolar Unificado de Vail # 20 no discrimina a base de raza, color, origen de nacionalidad, sexo, edad, religión, información genética, o inhabilidad en admisión o acceso a, o tratamiento de personas o empleo en, sus programas educacionales o actividades. Si usted tiene preguntas o algun otra cuestión sobre Titulo VI, Titulo VII, Titulo IX, Sección 504 ud. puede digerirse con al Superintendente Sr. Calvin Baker, Superintendente Sr. John Carruth, 13801 E. Benson Hwy. Vail, AZ 85641 520 879.2000.

VAIL SCHOOL DISTRICT MISSION STATEMENT

It is the mission of the Vail School District to provide parents with safe and nurturing school communities, where their children can obtain a quality education.

GUIDING PRINCIPALS

OUR SCHOOLS ARE COMMUNITIES OF LEARNERS. We define a community as a place where each individual is important and has something valuable to contribute to others in the community. We believe that learning is a lifelong activity. We are all learners. We expect parents, staff members and volunteers to model this belief for students.

WE CARE ABOUT STUDENTS. We believe that each student should be given the opportunity to be educated in a physically and emotionally safe, personalized, and caring environment.

ONE OF OUR HIGHEST PRIORITIES IS KEEPING CLASS SIZES SMALL. Working with students in smaller groups increases opportunities for learning, personal attention, a sense of belonging and the development of a supportive classroom community.

WE ARE COMMITTED TO FISCAL RESPONSIBILITY. We are entrusted with using public resources to provide a quality education for our students. We carefully develop priorities based on student needs, legal responsibilities and cost-effective methods.

WE ARE RESPONSIBLE TO OUR LOCAL COMMUNITY. Our schools are the centers of the community. We actively seek community involvement. And, we respond to community needs.

WE RESPECT PARENTS AND THEIR VALUES. We operate on the behalf of parents. It is our responsibility to assist parents in the education of their children. We value parental involvement, and make every reasonable effort to address and respond to parental concerns.

SMALL SCHOOLS ARE THE BEST PLACES TO DEVELOP CARING COMMUNITIES OF LEARNERS. We like the atmosphere of a small school that has been developed into a positive, healthy community. We prefer small schools. We seek to create that small school atmosphere in all of our schools, regardless of the size that growth and economics may force them to become.

WE BELIEVE LEARNING EXTENDS WELL BEYOND THE CLASSROOM. Our educational program is enriched and extended with opportunities such as: field trips, recreational activities, academic competitions, and club activities.

WE UPHOLD TRADITIONAL VALUES SUCH AS RESPECT, PERSONAL AND SOCIAL RESPONSIBILITY, HONESTY, AND HARD WORK. We model socially responsible behavior, expect it from each student and make it part of our curriculum. We believe these traditional values have served our society well in the past, are cherished by our community, and are important to our future.

WE ARE CONTINUALLY IMPROVING. We are never content with the status quo in our operations or in our curriculum methods. We recognize that we live in a changing world and we respond to those changes. And, we are constantly looking for better and more efficient ways to accomplish our mission.

WE VALUE OUR EMPLOYEES. We specifically and carefully select our staff on the basis of their ability to carry out the mission and guiding principles described above. We hire the best people suited for the task. We respect their expertise and depend on them to work with parents to make our vision for a community of learners a reality.

VAIL SCHOOL DISTRICT NO. 20
"Where Education is a Community Effort"

RAISING EXPECTATIONS

The following policies were enacted to focus attention on the value of academic achievement and to increase accountability.

HIGH SCHOOL

RECOGNITIONS

- Tenth Grade Students who, on their first attempt, exceed the standards on all three sections of the high school AIMS tests will receive a plaque from the Governing Board.
- High school seniors who receive 29 or higher on their ACT College Entrance Exam will receive a plaque from the Governing Board.

RECOMMENDED INTERVENTIONS

- A District assessment will be given to all students taking Algebra, Geometry, and 9th and 10th grade English prior to the end of each quarter. Any student who "Falls Far Below" the district assessment standard will be expected to complete remediation until proficient.

REQUIRED INTERVENTIONS

- Any student who falls far below the district assessment standard may be required to complete 12 hours of remediation for each deficient content area.
- Any assigned remediation hours will be completed prior to earning course credit.

Remediation may include one or more of the following:

- Tutoring
- Intersession courses
- Summer school
- Saturday school
- Private or Commercial Tutoring (with documentation)
- Re-teach

Note: Individual schools may choose to implement variations for required interventions. Please refer to your school handbook

CONSEQUENCES

In high school, students must pass a class in order to receive the credit necessary for graduation and must pass the reading, writing and math AIMS test. A student assigned remediation hours must complete those hours to receive course credit.

ATTENDANCE POLICY

Regular school attendance promotes learning and achievement. As defined in AZ Education Code 15-803, "Absences may be considered excessive when the number of absent days exceeds ten percent of the number of required attendance days."

Students who reach non-school related absences in any one semester may fail or lose graduation credit in that class.

- Cienega High School - 7 absences
- Vail High School – 9 absences
- Pantano High School – 9 absences
- Empire High School – 12 absences

NOTES

- Individual schools may choose to implement complementary positive and negative consequences for all testing programs
- Special Education students requiring interventions will be referred to the IEP team
- Students will be treated as individuals and principals will have the authority to make exceptions

General Rules and Regulations

Hazing

JICFA

There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted for or promoted to enrollment, or intending to enroll or be promoted to District schools within twelve (12) calendar months. For purposes of this policy, a person as specified above shall be considered a "student" until graduation, transfer, promotion, or withdrawal from the District school.

"Hazing" means any intentional, knowing, or reckless act committed by a student, whether individually or in concert with other persons, against another student, and in which both of the following apply:

- The act was committed in connection with an initiation into, an affiliation with, or the maintenance of membership in any organization that is affiliated with an educational institution.
- The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm, or personal degradation.

"Organization" means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an educational institution and whose membership consists primarily of students enrolled at that educational institution.

It is no defense to a violation of this policy if the victim consented or acquiesced to hazing.

In accord with statute, violations of this policy do not include either of the following:

- Customary athletic events, contests, or competitions that are sponsored by an educational institution.
- Any activity or conduct that furthers the goals of a legitimate educational curriculum, a legitimate extracurricular program, or a legitimate military training program.

All students, teachers, and staff shall take reasonable measures within the scope of their individual authority to prevent violations of this policy.

Students and others may report hazing to any professional staff member. Professional staff members must report the incident to the school administrator or next higher administrative supervisor, in writing, with such details as may have been provided. A failure by a staff member to inform the school in a timely matter an administrator or next higher administrative supervisor of a hazing allegation or their observation of an incident of hazing may subject the staff member to disciplinary action in accord with District policies. The staff member shall preserve the confidentiality of those involved, disclosing the incident only to the appropriate school administrator or next higher administrative supervisor or as otherwise required by law. Any instance of reported or observed hazing, which includes possible child abuse, or violations of statutes known to the staff member shall be treated in accord with statutory requirements and be reported to a law enforcement agency.

To assure that students and staff are aware of its content and intent, a notice of this policy and procedure shall be posted conspicuously in each school building and shall be made a part of the rights and responsibilities section of the student handbook. Forms for submitting complaints are to be available to students and staff in school offices.

Disposition of all reports/complaints shall be reported to the Superintendent. The Superintendent will determine if the policies of the District have been appropriately implemented and will make such reports and/or referrals to the Board as may be necessary.

All violations of this policy shall be treated in accord with the appropriate procedures and penalties provided for in District policies related to the conduct and discipline of students, staff, and others.

Student concerns, complaints, and grievances

JII-EB

Students may present a complaint or grievance regarding one (1) or more of the following

- Violation of the student's constitutional rights,
- Denial of an equal opportunity to participate in any program or activity for which the student qualifies not related to the student's individual capabilities,
- Discriminatory treatment on the basis of race, color, religion, sex, age, national origin, or disability,
- Harassment of the student by another person,
- Intimidation by another student
- Bullying by another student.
- Concern for the student's personal safety,

Provided that

- The topic is not the subject of disciplinary or other proceedings under other policies and regulations of this District, and
- The procedure shall not apply to any matter for which the method of review is prescribed by law, or the Governing Board is without authority to act. The guidelines to be followed are
- The accusation must be made within thirty (30) calendar days of the time the student knew or should have known that there were grounds for the complaint/grievance.
- The complaint/grievance shall be made only to a school administrator or professional staff member.
- The person receiving the complaint will gather information for the complaint form.
- All allegations shall be reported on forms with the necessary particulars as determined by the Superintendent. Forms are available in the school office.
- The person receiving the complaint shall preserve the confidentiality of the subject, disclosing it only to the appropriate school administrator or next higher administrative supervisor or as otherwise required by law.

Any question concerning whether the complaint/grievance falls within this policy shall be determined by the Superintendent.

Complaints by middle or high school students may be made only by the students on their own behalf. A parent or guardian may initiate the complaint process on behalf of an elementary school student. A parent or guardian who wishes to complain should do so by completing the forms following Policy KE on Public Concerns and Complaints.

A complaint/grievance may be withdrawn at any time. Once withdrawn, the process cannot be reopened if the resubmission is longer than thirty (30) calendar days from the date of the occurrence of the alleged incident. False or unproven complaint documentation shall not be maintained.

Retaliatory or intimidating acts against any student who has made a complaint under this policy and its corresponding regulations, or against a student who has testified, assisted or participated in any manner in an investigation relating to a complaint or grievance, are specifically prohibited and constitute grounds for a separate complaint.

Knowingly submitting a false report under this policy shall subject the student to discipline up to and including suspension or expulsion. Where disciplinary action is necessary pursuant to any part of this policy, relevant District policies shall be followed.

When district officials have a reasonable belief or an investigation reveals that a reported incident may constitute an unlawful act, law enforcement authorities will be informed.

Sexual Harassment

Sexual harassment is unwanted, unwelcome behavior of a sexual nature. Sexual harassment is any act or comment (of a sexual nature) that makes another person feel uncomfortable. Schools are required by law to maintain an environment free from sexual harassment.

Sexual harassment takes many forms. Here are a few examples

- Displaying gender-offensive items, photos, posters, etc.
- Inappropriate gestures, touching, or groping
- Sexual remarks, suggestions, or spreading rumors.
- Pressure for unwanted activities or encounters
- Offensive jokes, language, teasing, whistles, or catcalls

STUDENT ATTENDANCE POLICY

Student absences must be reported to the front office by a parent. The attendance number is 879-1903.

Philosophy Students, parents, and educators recognize the importance of attendance and punctuality at school.

Policy

Arizona law charges the **parent or guardian** with responsibility for the student's consistent school attendance. The Superintendent will enforce the laws regarding attendance with consideration for the variables that affect children and families. The superintendent will place emphasis on prevention and correction of the course of absenteeism.

Compulsory Attendance Ages

It is unlawful for any child who is at least six but not yet sixteen years of age to fail to attend school during the hours that school is in session, unless such child is excused pursuant to:

- A.R.S. 15-802 verifiable records are kept for the reason for excuse from the duties prescribed.
- A.R.S. 15-901 for children with disabilities.
- The child being provided instruction at home.
- The child being accompanied by a parent or a person authorized by a parent.

Attendance Records

Teachers will take attendance at the beginning of each class. The name of any absent student will be entered in PowerSchool.

Procedure

1. Student shall be in physical attendance in the classroom in which they have been assigned. Students will be counted absent on a period-by-period basis whenever they are not physically in attendance.
2. Students will be considered absent from class if they are not in attendance within the first 10 minutes of a 60-minute class.
3. Students may not leave during the school day without first checking out through the attendance office. **Leaving campus without permission may result in a 3 day Out of School Suspension.** It is the responsibility of the parents/guardians to give permission by note or phone call, prior to a student leaving campus.
4. Parents/guardians need to contact the front office in the event the student is going to miss class. When a student returns to school after an absence, a note of explanation from the parent must be submitted or a phone call received within 2 days following any absence. A doctor's statement regarding student illness will be accepted in place of a parent/guardian note. If verification is not received within the 2-day period, the absence remains recorded as unexcused.
5. In order to return to school after a three-day absence, a doctor's note may be required stating that the child is well enough to return.

Absences

Attendance is essential in order to earn credit in a class. **Students are responsible to see teachers for work missed during any absence.** Students may be in danger of losing credit if they do not make up missed work.

Loss of Graduation Credit (This also applies to middle school students taking HS courses)

According to Board Policy and Raising Expectations, students who reach **9 non-school related absences** in any one class **may** fail or lose graduation credit in that class. Loss of credit or failure of a class is at the discretion of the teacher and administration.

Students who reach **13 non-school related absences** in any one class will lose graduation credit in that class automatically.

TARDY POLICY

Students are expected to be in the classroom, ready to learn, when the bell rings to begin class at 7:40 am. If a student accrues 3 unexcused tardies in one class, he or she will owe two hours of Saturday School. If Saturday School is not available, after school detention arrangement may be made.

SCHEDULE CHANGE POLICY

1. Student will see the counselor in order to initiate a schedule change. The counselor will review the student's request and design a course of action.
 - a) A request by a senior to have fewer than six classes will require a "Petition to Take Less Than Six Classes" form be completed first.
 - b) A request to change teachers (the same class but different teacher) will not be honored unless there has been communication between the parent and both teachers, such as a parent/student/teacher conference or a phone conversation. At the option of the parent, teacher, or student, they may request an administrator or counselor to be present for the conference.
 - c) A student may not initiate a schedule change that includes adding a course beyond the required cut-off dates. Semester classes may be added to a student's schedule after the first 15 days of that semester. Exceptions to these cut-off dates will be made for classroom changes.
2. The student will be responsible for contacting teachers and a parent for signatures on the schedule change form.
 - a) The schedule change form is given to all teachers for purposes of notification. All teachers must sign the form before it is returned to the counselor. A teacher may refuse to sign if he/she believes the student will cause the teacher to exceed the class/student load.
 - b) An administrator's signature is required whenever class size is over the cap, a teacher change is made without a conference, or a class is to be added after the 15 day rule.
3. The completed schedule form is returned by the student to the counselor
4. The counselor will instruct the student to follow their new schedule the following school day.
5. The registrar will make the schedule change in the computer and put a copy of the official drop and add forms in the teachers' mailboxes within 48 hours.

VAIL ACADEMY AND HIGH SCHOOL STUDENT CONDUCT AND DRESS CODE

Vail Academy & High School is located on the property of the University of Arizona Tech Park in a stand alone building. One goal of the school is to develop positive relationships with the business community in the park in order to provide unique opportunities for our students to interact with business professionals. To foster these relationships, it is important that students present an image that is appropriate to a business environment. This includes behavior, clothing, hairstyles, accessories, and an overall appearance that is acceptable to such an environment.

Student Conduct

Student conduct will be within the guidelines of district policy and the Vail Academy and High School Code of Conduct. Any violation of these policies or the Code of Conduct will be submitted to the school administration for review and/or disciplinary action if necessary. Once again, the goal of the school is to foster responsibility through relationships with our local community. Student behavior, in and out of school, can dramatically affect the success of these relationships. Appropriate conduct also applies to student behavior within the school and classroom so that the educational experience is not disruptive but maximized.

Public Display of Affection

Public displays of affection will be addressed by the administration.

Electronic Devices and Cell Phones

Cell phones are to be turned off or placed on silent mode (NOT VIBRATE) while on campus. All other electronic devices such as iPods, cameras, games, etc. are not allowed to be used on campus during the school day. Individual teachers may enforce policies regarding electronics in their classrooms as they deem appropriate. If used inappropriately, devices may be secured by the school staff and held until the student retrieves the device after school from the school administration (disciplinary action may be taken). The second time a student has an electronic device confiscated a parent will need to pick it up from the school. If a student has a 3rd violation, the student will receive disciplinary consequences and the device may be held by the school until the end of the semester. *Students are not allowed to photograph or video record other students with personal devices or for personal use without administrative permission.*

Electronic device and cell phone usage is allowed before and after school. High school students **may** be allowed to use these devices at lunch as long as doing so is not disruptive to those around them. All use of electronic devices should be consistent with the district's ACT Statement.

Food and Drink

Only bottled water will be allowed in classrooms. No other food or drink is permitted. No outside "fast food" can be dropped off for students. Parents are welcome to bring food and eat lunch with their child in the cafeteria. No cupcakes, cookies, cake, or other foods that do not comply with the AZ Wellness Policy guidelines are permitted for birthdays or other celebrations. You can, however, order such snacks through our cafeteria provider which will meet these guidelines.

Student Arrival & Departure Time

No student may arrive on site before 7:15 am. Gates will not be opened until 7:15 and there will be no adult supervision. Any student who remains after school must be under the supervision of the school staff member sponsoring the activity or tutoring.

Parking Policy

Students who drive to school must obtain a parking permit in the front office. They will be assigned a designated numbered parking spot. Visitors are welcomed to park in any spot marked "visitor" or not numbered.

Dress Code and Grooming

Students are expected to dress appropriately while on campus and during all school-sponsored activities as they are a direct reflection of Vail Academy and High School. The parameters for appropriate dress and grooming are set forth below. Students who violate the dress code will be sent to the school administration to correct any deficiencies by calling a parent to bring appropriate attire and/or receiving an unexcused absence until the student complies with the dress code. **The school administration shall be the interpreters of proper attire.**

All clothing must be neat, clean, and in good repair. Clothing and accessories may not display language/logos of a sexual nature, depict graphic images of physical violence, or weapons. At no time can clothing display profanity, profane/obscene gestures, or promote alcohol, drugs, or tobacco. Gang-related clothing, accessories, or personalization are not permitted. **All clothing must conceal undergarments at all times including boxer shorts and bra straps.**

- Pants must be worn at the natural waist. No sagging. Shorts and skirts must reach mid-thigh or have a 4 inch inseam. Shorts and skirts worn over leggings or tights must still reach mid-thigh or have a 4 inch inseam.
- Cut-offs are not allowed. However, shorts/skirts purchases with a seam and a frayed edge are permitted. Ripped denim that allows skin to show is not allowed.
- Shirts may not expose the midriff or reveal any cleavage. Tank tops must be at least one inch wide over the shoulder. Halter tops and spaghetti straps are not permitted.
- Hats must be worn facing forward at all times. Hats and hoods are not permitted indoors.
- Footwear must be appropriate for a school environment. Slippers and flip flops are not allowed.
- All clothing must be appropriately sized. Students are not allowed to wear pajamas.
- Hair cannot be dyed unnatural colors such as blue, pink, green, purple, etc. It cannot be cut in an ornamental style so as to cause a distraction to the learning environment.
- Jewelry should be worn in moderation. Piercings may only be worn in the ears. Gauges (tunnels or spikes) may not be visible on campus.
- Tattoos must be covered.

We understand that styles change. As they do, administration will have the final say on what is deemed appropriate for our school environment.

Spirit days may allow for a different set of standards when approved by administration. Dress will be according to the themes dictated by the special days.

Lost and Found

The front office maintains lost and found articles. ~~Students may inquire there for lost items.~~ Items found by students should be turned in to the front office. At the end of each quarter, items will be donated to charity.

Saturday School

Vail Academy and High School reserves the right to implement Saturday School from 7:30 am to 11:30 am as a consequence for poor academic performance, violations of the code of conduct, or students with tardy and absence counts that exceed the acceptable limit.

Summer School

Vail School District's Summer School Program supports the mission to develop all students' qualities necessary to fulfill their roles as life long learners in a democratic society. The Summer School Program supplements the regular school program classes for enrichment as well as remedial purposes. Summer School information is available in the Counseling Office. **It is difficult to acquire and refine necessary skills in such a short, condensed three-week per semester summer school session. Therefore, core area subjects such as English, Math, Social Studies, and Science may only be taken for remedial purposes. Students who take on-line courses outside of the Vail district may be required to take a VUSD exam to ensure the necessary content has been acquired.**

PowerSchool® Grade and Attendance Management

With PowerSchool®, a student or parent can easily and quickly check on grades, missed assignments, attendance, and graduation progress any time from any Internet-connected computer. Parents and students keep closer tabs on progress using PowerSchool®, and communication with individual teachers via e-mail improves the home and school connection.

High school students are not allowed on the playground equipment.

BASIC REQUIREMENT FOR GRADUATION AND ENTRANCE TO ARIZONA UNIVERSITIES

To be eligible for **unconditional** admission, Arizona residents must meet one of the following qualifications:

1. Top 25% class rank
2. 3.0 unweighted GPA in the required courses (on a 4.0 scale)
3. 1040 SAT score
4. 22 composite ACT score

(You must also complete the course-work requirements listed below).

You may be admitted **conditionally** if you have:

1. No more than one deficiency in any two subjects listed in course work and
2. Top 50% class rank or
3. 2.5 minimum unweighted GPA in the 16 required courses

Conditional students may be required to participate in an academic assistance program.

VAHS GRADUATION REQUIREMENT

CLASS OF 2013	CLASS OF 2014	CLASS OF 2015	CLASS OF 2016 MUST PASS 2 HONORS OR AP CLASSES IN ANY CORE SUBJECTS.
English: 4 credits	English: 4 credits	English: 4 credits	English: 4 credits
Math: 4 credits	Math: 4 credits	Math: 4 credits	Math: 4 credits
Science: 3 credits	Science: 3 credits	Science: 3 credits	Science: 3 credits
Social Stud: 3.5 credits	Social Stud: 3.5 credits	Social Stud: 3.5 credits	Social Stud: 3.5 credits
CTE/Fine Arts: 1 credit	CTE/Fine Arts: 1 credit	CTE/Fine Arts: 1 credit	CTE/Fine Arts: 1 credit
Electives: 3.5 credits	Electives: 3.5 credits	Electives: 3.5 credits	Electives: 3.5 credits
CTE: 2	CTE: 2	CTE: 2	CTE: 2
Heath: .5	Heath: .5	Heath: .5	Heath: .5
SEP: .5	SEP: .5	SEP: .5	SEP: .5
TOTAL: 22	TOTAL: 22	TOTAL: 22	TOTAL: 22

SENIOR PROJECT GRADUATION REQUIREMENT

The purpose of the Senior Project at Vail Academy & High School is to serve as a comprehensive, culminating project that helps seniors prepare for life after high school. Student presentations are made to members of the local business community and may serve as an opportunity for students to network and build useful presentations skills needed in today's marketplace. It is a graduation requirement for the Vail School District. Our standards are high: students must initiate an actual project (i.e., building or producing something) or serving in a leadership role in the community. Job shadowing and reporting on what someone else is doing is not considered a valid project. The entire project consists of three (3) main parts:

The Research Paper

The research paper portion of the Senior Project is a seven to ten page paper with a variety of reference types including an interview with an expert in their field. The paper is graded by graduate students at the University of Arizona.

The Portfolio

The portfolio is a comprehensive documentation of the actual project completed by the student. It is graded by the faculty and staff of VAHS.

The Presentation

Finally, students have the opportunity to explain to others what their project was and what they learned from doing it. It is graded by teachers, parents and community members.

POST HIGH SCHOOL PLANNING

The Vail High School Education Advisor assists in providing up-to-date materials and information so that students are kept informed about dates, procedures, materials, and activities related to career and educational planning. References, resource materials, and other services are available in the VAHS counselor's office.

National Merit Scholarship

The National Merit Scholarship program, a prestigious award, is based on scores achieved on two tests. The PSAT (Preliminary SAT) is used as a pre-qualifier: selection is then made based on SAT scores and a competitive application process. Sophomores are strongly encouraged to take the PSAT, offered in early fall, as a practice for the test in their junior year. Juniors are strongly encouraged to take the SAT.

College Readiness

College-bound student will need to take either the ACT or the SAT. Students are advised to take these tests in the spring of their junior year and to meet with a counselor for a college-planning appointment. During the senior year, students should apply for admission to colleges, college scholarships, and/or financial assistance. Students interested in military academics and/or ROTC scholarships should begin applying during the second semester of their junior year. Student should see their counselor for specific information on testing dates, application forms, deadlines, and admission requirements.

DISTINCTION POINTS

For the purpose of determining the grade point average of students attending VAHS, the following scale will be issued: A=4, B=3, C=2, D=1, and F=0.

Vail High School recognizes that some courses are designed to be more challenging; however, we will not have a traditional weighted grade formula. Through Honors, Advanced Placement, and Dual Enrollment, students can have accelerated opportunities with a chance to benefit their GPA. Students enrolled in accelerated courses will have their GPAs calculated as all students' grades are done. However, students who are enrolled in these courses will be given "Distinction Points" if they earned an A, B, or C in the class. The 'Distinction Points' are as follows:

Honors/Dual Enrollment	.03
Advanced Placement	.05

Below find two sample students enrolled in the same courses. Student #1 has weighted grades and student #2 has regular grades with distinction points.

Student # 1		Student # 2	
Math (H)	4.03	Math (H)	4.0 + .03
English (H)	4.03	English (H)	4.0 + .03
PE	4.00	PE	4.0
Art	4.00	Art	4.0
History (AP)	4.05	History (AP)	4.0 + .05
Biology (AP)	4.05	Biology (AP)	4.0 + .0
$24.16 / 6 = 4.026$		$24 / 6 + .16 = 4.16$	

Students who transfer from another school will have their GPA determined using VAHS guidelines. The sending school also must list on the transcript, in the course name, designations such as Advanced Placement or Honors to receive consideration for distinction points.

Distinction Points will be used to determine the Valedictorian and Salutatorian, as well as the determination of the Standard of Excellence, High Honors and Honors distinction. This will be determined at the end of the eighth semester. Students must have completed at least 4 semesters (including the final two) of their high school credits from Vail Academy & High School to be considered for Valedictorian and/or Salutatorian.

All requests for class rankings will be determined using distinction points unless a college specifically asks for an un-weighted ranking. Official transcripts will display both un-weighted and distinction GPAs and rankings.

18 YEAR OLD STATEMENT

The Vail School District's Mission Statement is to provide parents with safe and nurturing environments for their children. This does not end when a student reaches the age of 18. The school will continue to communicate with parents until such time as an adult student provides evidence that they are living independently on their own. At such time the school will notify parents of its intent to work solely with the student, if the student has made such a request in writing.

ACADEMIC HONESTY

Academic dishonesty occurs when students obtain or assist others in obtaining credit for work that is not their own.

Common examples of academic dishonesty include, but are not limited to, the following:

- Using hidden notes, copying from another student, or helping another student during a test.
- Receiving or giving test questions or answers to a member of another class.
- Submitting another student's work** as one's own.
- Copying or stealing another student's work and submitting it as one's own or permitting another student to copy one's work.
- Stealing or accepting stolen copies of tests or answers.
- Changing answers and seeking credit on a test after the test has been graded and returned.
- Changing the results on performance examinations, e.g. a physical fitness test.
- Falsifying information for applications, e.g. college, scholarships, National Honor Society, etc.
- Using computers, electronic devices and programmable calculators in violation of guidelines established by the teacher.
- Using help such as notes, books, experts or purchased services in violation of guidelines that are established by the teacher.
- Resubmitting the same or a similar research paper, project, essay or assignment in two or more different courses without the permission of the teacher.
- Soliciting answers.
- PLAGIARIZING:** Presenting material taken from another source without adequate documentation:
- Presenting another person's creative work or ideas as one's own in essays, poems, music, art, computer programs, or other projects.
- Failing to cite with quotation marks the written words or symbols of a source or author.
- Copying or paraphrasing words with ideas from any source, including literary criticism or study aids, without acknowledgment.
- Failing to cite the source of words, ideas, etc., which is quoted, paraphrased, or summarized in a student's oral or written work.

The following acts are considered Academic Dishonesty:

- CHEATING** – Cheating includes the actual giving or receiving of an unauthorized aid or assistance or the actual giving or receiving of unfair advantage on any form of academic work.
- PLAGIARISM** – Plagiarism includes the copying of the language, structure, idea and/or thought of another and representing it as one's own original work.
- FALSIFICATION** – Falsification includes the verbal or written statement of any untruth. (Violations in this category may result in additional disciplinary action beyond the steps outlined for honor code violations.)
- STEALING** – Stealing includes acquiring another's possessions without right or permission. (Violations in this category may result in additional disciplinary action beyond the steps outlined for honor code violations.)
- FORGERY** – Forgery includes the illegal copying of another's name or signature. (Violations in this category may result in additional disciplinary action beyond the steps outlined for honor code violations.)
- ATTEMPTS** – Attempts toward completion of any act described above would constitute a violation and may be punishable to the same extent as if the attempted act has been completed.

Note: Studying with other students to prepare for class assignments or examinations is not academic dishonesty unless such actions are prohibited or limited by the teacher.

* A test is any examination, ranging from a quiz to a final.

** Work is defined as a homework assignment, paper, project, report, take-home test, or any other work that the teacher has intended the student to complete independently.

Code of Conduct

(Rev. 5/11)

Level I: 1 point

Dress code infractions
Excessive tardiness
Inappropriate behavior
Using profane or vulgar language
Misuse of cell phones or other electronic devices
Excessive public display of affection
Ditching – 1st offense
Possession of matches/lighter
Unauthorized fundraising
Inappropriate grade level interaction

Minimum Consequences

Administration negotiated consequence
Teachers negotiate consequence with student or parent
Detention
1 day of suspension

Level II: 2 points

Disrupting the educational environment/Disorderly Conduct
Accessing inappropriate Internet sites/Violating Acceptable Use Policy
Possessing obscene materials
Gambling, Vandalism or Intimidation
Offensive language with reference to race, religion or gender (1st offense)
Bullying/Cyber bullying (1st offense)
Sexual harassment (1st offense)
Defiance/uncooperative behavior
Ditching – (repeated)
Cheating/plagiarism
Leaving school without permission
Attempting to instigate a fight
Inappropriate grade level interaction (Documented/Repeated)

Administrator negotiated consequence
3 days of Suspension

Level III: 3 points

Inappropriate or vulgar language directed at a staff member
Creating a physically hazardous condition
Destruction of property
Stealing
Gang activity (Gang unit may be notified)
Hazing/Initiation
Bullying/Cyber Bullying (Documented/Repeated)
Sexual harassment (Documented/Repeated)
Offensive language with reference to race, religion or gender (Documented/Repeated)
Fighting
Selling, using, or possessing tobacco or nicotine products
Attempt to commit a crime
Threats/Intimidation toward staff members

5 days of Suspension
Law Enforcement may be notified

Level IV: 5 points

Creating a danger to the educational environment (ex. pulling a fire alarm)
Selling, using, possessing, or distributing alcohol, drugs, or other controlled substances, paraphernalia, or other "mind altering" products
Selling, using, or possessing weapons, simulated weapons, fireworks, or other dangerous instruments

10 day out-of-school suspension
pending long-term hearing
Law Enforcement will be notified

- *Each infraction will result in a point value based upon the category. If a student accumulates **more than a total of 5 points** during any one school year the student may be suspended for 10 days pending a hearing. The administration may recommend a long-term suspension.*

I HAVE READ AND UNDERSTAND THE VAIL ACADEMY AND HIGH SCHOOL HANDBOOK.

Student Signature

Date

Parents Signature

Date

New Business

Notes

All deep-fat fried chips and crackers or any food where the final preparation is deep-fat fried.

Fruit/Vegetable drinks containing less than 100% fruit/vegetable juice. Whole fat milk (flavored or regular). Caffeine/Energy drinks. Sports drinks. Electrolyte-Replacement drinks. Carbonated beverages. Eegees or other sugar-iced drinks.

The AZ Department of Education Nutrition Standards do include a few exceptions to the Food Standards. These exceptions cover the fat contents of cheeses, nuts and seeds; the sugars in dairy solids, and fruits and vegetables; and the fiber contents of dairy and jerky.

Any questions about whether a snack meets the Nutrition Standards can be addressed by stopping by or contacting Desert Willow's Health Office #879-2310.

While these rules may look daunting and some people may miss the cupcakes, candy or Eegees; please take a look at this next section and discover all the good things that can be shared.....

Before we list all the wonderful and fun "Do's" for possible classroom celebrations please make sure that the teacher is first consulted when plans for a classroom celebration are being made.

Arranging a date and time will assure there are no tests scheduled or other classroom activities the can't be interrupted. This is also a great time to ask the teacher whether any of the students

have a food allergy or other medical condition that might need to be considered. Tell the teacher what you plan to bring so it can be verified that the snack will be one that meets the Nutrition Standards. This avoids having a situation where a snack gets purchased that cannot be served.

- . Fruit Salad or Fruit Kabobs (thread a variety of fruit pieces on a straw)
- . Veggie Stick.....celery, carrots, zucchini with low-fat dip
- . Celery Sticks stuffed with low-fat cream cheese or peanut butter and sprinkled with raisins or shredded carrot
- . Baby Carrots
- . Bananas
- . Melon Slices/Orange Slices
- . Apples with caramel dip
- . Applesauce, Peach or Pear cups (fruit should be in own juice not syrup)
- . Trail Mix (mix low-sugar cereal like Cheerios or Wheat Chex, popcorn, or pretzels; variety of dried fruits or raisins; and sunflower or pumpkins seeds or nuts)
Cheese cubes or String cheese with whole grain crackers
Fresh fruit with yogurt dipping sauce
- . Zucchini, pumpkin, raisin bread or banana bread or muffins
- . Squeezable yogurt (tubes can be frozen for a cool treat!)
- . Fruit Smoothies or Yogurt Drinks (pre-packaged or make your own)
- . Low-fat pudding cups
- . Low-fat granola or granola bars
- . Pretzels
- . Whole grain Breads/Mini Bagels with low-fat cream cheese
- . Turkey or Beef Jerky (made without sodium nitrite or MSG)
- . Nuts (kids' favorites tend to be almonds, cashews & peanuts)
Again ask teacher about nut allergies!
- . Graham Crackers

- . Vanilla Wafers
- . Goldfish or Animal Crackers
- . Fig Newtons
- . Angel Food Cake with Strawberries

FOR DRINKS:

- . Milk: fat-free, 1% or 2% (if flavored, no more than 4 grams of sugar)
- . Water: plain or sweetened/flavored with only natural or non-caloric sweeteners
- . Juice: any type that is 100% fruit and/or vegetable only

Vail District Wellness Policy and Nutritional Guidelines

✓ VES The Vail School District enacted a Wellness Policy under the direction of the Arizona Department of Education and US Federal law, signed 6/30/2004. The Vail District and the staff at Senita Valley are committed to providing a school environment that promotes and protects children's health, well being, and ability to learn by supporting healthy eating and physical activity. Healthy eating is demonstrably linked to reduced risk for mortality and development of many chronic diseases as adults.

We also realize that snacks do play an important part in providing children with nutrients to support growth and learning. It is also recognized that parties are a fun way to celebrate. With a little imagination, snacks and parties can be a lot of fun while still providing healthy, nutrient-rich food. Just as children acquire tastes for sweets, they acquire tastes for healthy fruits and vegetables too. That is why encouraging these foods for snacks is so important for good health. Getting children in the habit of eating healthy snacks not only provides them with the nutrients they need to grow, it helps set them up for a lifetime of healthy eating as they get older.

This flyer will hopefully help serve as a guide to what snacks are allowed in the classroom if a parent is bringing a treat to share. While we hope that families will also encourage healthy choices on an individual family basis, there will be no "policing" of what foods or drinks a student brings from home to school, as long as it is only for the child's own consumption.

All food items must be purchased and show the nutritional fact label.

No food items can be "homemade" or prepared/cut at home.

For more information go to: <http://ade.az.gov/health-safety/cnp/11B25%204/Default.asp>

Food Standards

- Maximum of 35% total calories from fat
- 10% total calories from saturated and trans fatty acids
- Maximum of 35% sugar by weight
- Must contain at least 1 gram of fiber
- Maximum of 600 mg. of sodium

Beverage Standards

- Water may contain natural or non-caloric sweeteners and no caffeine
- Juice must contain 100% fruit juice and be 8 oz. or less.
- Fruit smoothie (ice based or yogurt) must contain 100% fruit juice and not exceed 400 calories.

Prohibited Foods and Beverages

- No cupcakes, brownies, etc.
- No deep-fat fried chips, crackers, etc.
- No drinks containing less than 100% fruit/vegetable juice
- No whole fat milk (flavored or regular)
- No caffeine/Energy drinks
- No sports/Electrolyte Replacement drinks
- No carbonated drinks
- **No Eggos** or other sugar-iced drinks

Exceptions

- Cheeses, nuts, and seeds
- Sugars in dairy solids
- Fruits and vegetables
- Fiber contents of dairy and jerky

Healthy Ideas for Classroom Snacks & Parties!

Before we list all the wonderful and fun “do’s” for possible classroom celebrations, please make sure that the teacher is first consulted when plans for a classroom celebration are being made. Arranging a date and time will assure there are no tests scheduled or other classroom activities that can’t be interrupted. This is also a great time to ask the teacher whether any of the students have a food allergy or medical conditions that might need to be considered. Tell the teacher what you plan to bring so it can be verified that the snack will be one that meets the Nutrition Standards. This avoids having a situation where a snack gets purchased that cannot be served.

All food items must be purchased and show the nutritional fact label.
No food items can be “homemade” or prepared/cut at home.

Ideas/Suggestions

- Packaged fruit trays
- Packaged veggie sticks- celery, carrots, etc. with a low-fat dip or peanut butter
- Bananas
- Melon slices
- Apples with low-fat caramel dip
- Cheese cubes or string cheese with whole grain crackers
- Fresh fruit with yogurt dipping sauce
- Squeezable yogurt (tubes can be frozen)
- 100% fruit smoothies
- Low-fat pudding cups
- Low-fat granola or granola bars
- Baked pretzels
- Whole grain breads/mini bagels with low fat cream cheese
- Turkey or beef jerky made without sodium nitrite or MSG
- Nuts (kid’s favorites tend to be almonds, cashews and peanuts)
- Graham crackers, Vanilla wafers
- Goldfish or animal crackers
- Fig Newtons
- Angel food cake with strawberries

Vail’s Food Services, Sodexo

Parents can also order food from Sodexo. Sodexo can prepare snacks, such as “healthy” pizza, low-fat cookies, and other nutritional snacks and have the food delivered to the classroom. Parents can call Marilyn Bennett at 879-2035 to place the order. All orders must be paid before delivery.

Chocolate chip or oatmeal raisin cookies are \$3.50 per doz.

Large 16” Cheese Pizza is \$8.00.

(Prices are subject to change)

Non-Food Ways to Celebrate!

Remember celebrations don’t always have to include food. Here are some ideas:

- Playing an indoor game of the student’s choosing
- Bring in supplies and let the class do a special art project.
- Turn on some music and have a dance party.
- Parents can bring in a copy of the student’s favorite book to read.
- Parents can make up a goodie bag for each classmate filled with little items (pencil, stickers, etc.).